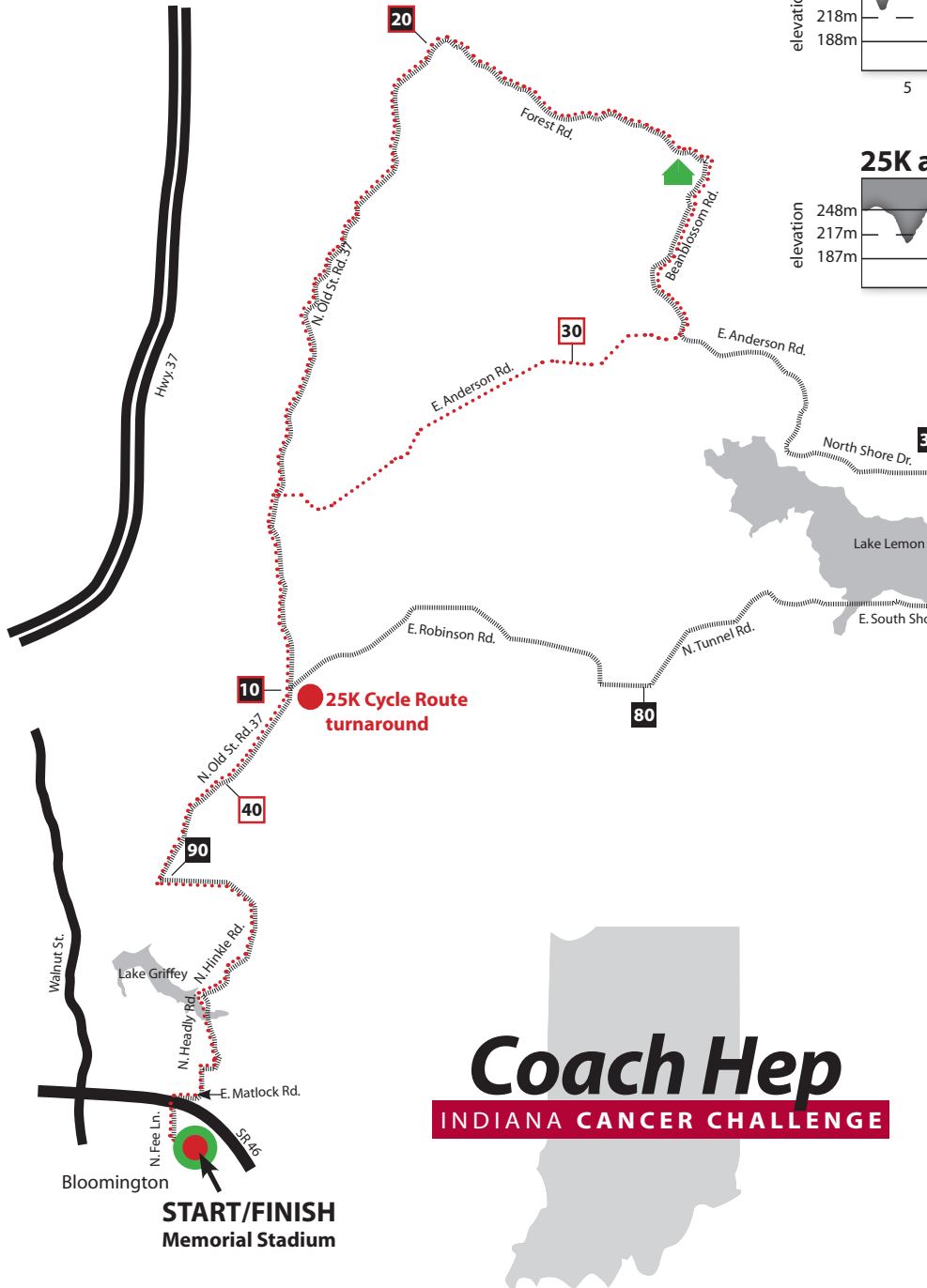
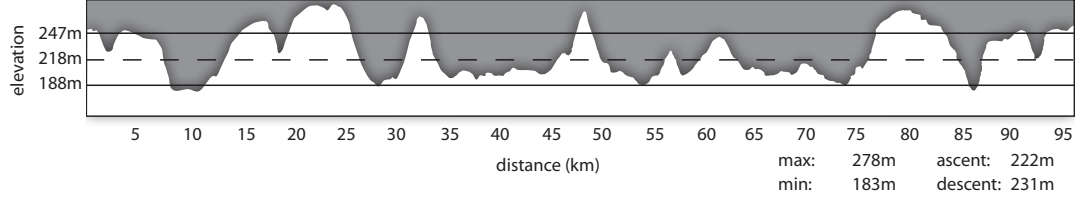


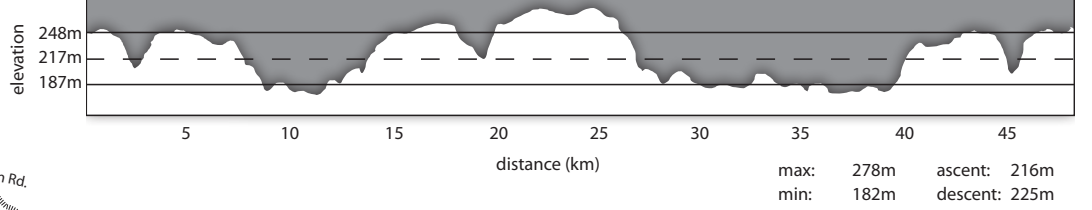
25K/50K/100K Cycling Route Map



100K Cycle



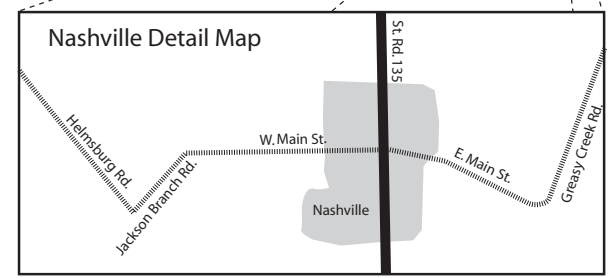
25K and 50K



..... 25K Cycle Route
..... 50K Cycle Route
X 100K Cycle Route
▲ SAG Area

Coach Hep

INDIANA CANCER CHALLENGE



START/FINISH
Memorial Stadium

Important safety tips for the Coach Hep Cancer Challenge

Special Safety Announcements

- In case of a medical emergency please call 911
- Pay particular attention to traffic when turning onto or exiting Highways Old 37 North, Highway 45 and Highway 135 south.
- Be careful going down hills. Use extreme caution down Bean Blossom and Griffy Hills. Both hills have sharp turns at the very end of each hill. Proceed with extreme caution.
- Use caution when descending hills; brake lightly and hold onto your handle bars securely.

Several sag vehicles will be driving the course if you experience technical difficulties or need a break

Equipping Your Bicycle

1. Make sure the bicycle is properly sized and adjusted.
2. Carry a basic tool kit, tire patch kit and tire pump for those unexpected roadside repairs.

Bicycle Safety Guidelines

- **FOR SAFETY REASONS**, helmets are required for participation in the Bike Tour. Riders not wearing helmets will be asked to leave the course and will not be allowed to participate in the tour. Riders must wear an ANSI, CPSC or SNELL approved bicycle helmet at all times when riding a bicycle during this event.
- Ride with the traffic flow.
- Ride in a straight line if possible. Remember, do not ride more than two abreast, Indiana State Law.
- Riders will be expected to obey the laws of the road and use courtesy, caution and common sense.
- Pass on the left side of a cyclist after yelling out, "on your left".
- Know your limits.
- Stop at stop signs and red lights.
- Wear bright clothing during the daytime.
- Use proper hand signals when turning, stopping or changing lanes.
- Use extra caution when it is raining, and allow extra time to stop.
- Cross railroad tracks at a right angle.
- Keep your bike properly maintained so it is safe.
- Ride defensively.
- Be alert for road hazards.
- Watch for cars at cross streets and exiting driveways.
- Obey all traffic signals.
- Ride in the same direction as the flow of traffic. Keep right where practicable to allow vehicles to pass.
- Give pedestrians the right of way.
- Keep well hydrated. We suggest carrying water and sun screen.
- Please do not use an iPod or electronic devices during ride.

Enjoy the ride!
